



Contact

For Detail Portfolio visit:

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Jalil Ahmed

Safety Officer

About Me:

I am a dedicated and proactive Safety Officer as well as Safety Trainer with 8 years of experience in construction and pipeline projects. I specialize in implementing HSE procedures, conducting risk assessments, performing site inspections, and ensuring compliance with company and regulatory safety standards. I have strong skills in incident prevention, worker training, emergency response, and developing a positive safety culture on site.

Education:

BS (Computer Science)
Fast National University of Computer & Emerging Sciences
Islamabad, Pakistan

Trainings & Certifications:

- ❖ Nebosh IGC (UK)
- ❖ ISO 45001 Internal Auditing Strategies and Practices
- ❖ Safety & Health Course (OSHA) standard 30 hours
- ❖ Fall Protection
- ❖ Accident Investigation
- ❖ EOSH-Train the Trainer
- ❖ Basic Life Support Training
- ❖ Workplace First Aid Training
- ❖ Fire Safety Awareness

Language • English (Fluent) • Urdu (Fluent) • Arabic (Basic) • Chinese (HSK1) Hobbies • HSE Blogging • Tech Articles	Experience: HSE Officer Duration: Mar-2017 to Dec-2019 Experience: Al-Hadeed Construction Pvt Ltd • Inspects the site to ensure it is a hazard-free environment. • Prepare training and toolbox topic. • Prepare Safety Plans and Programs. • Prepare and submit weekly HSE statistic report. • Conduct investigation and prepare accident/incident/near miss report. Safety Officer Duration: Feb-2020 to Oct-2022 Experience: Al-Naeim Co. Ltd for Contracting • Verifies all tools and equipment are adequate and safe for use. • Promotes safe practices at the job site and Enforces safety guidelines. • Trains and carries out drills and exercises on how to manage emergency situations. • Establishes safety standards and policies as needed. • Organize emergency response drills and prepare Mock Drill report. HSE Officer Duration: Apr-2023 to Nov-2024 Experience: Edsco East Delta Saudi Co. Ltd • Support the full implementation of the project HSE plan. • Act as a coach, both for HSE members and for contractors. • Support the implementation of the project emergency plan. • Ensure HSE risk have been assessed and risk mitigation measure are in place. • Assist project team in identifying project safety concerns.
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